



## Multi-System Adult Enhancing Wellness Project Recovery Supports

### Multi-System Adult Project

The purpose of the Multi-System Adult (MSA) project is to leverage existing resources and enhance partnerships to develop a coordinated response that is supportive of individuals with mental illness who have experienced frequent psychiatric hospitalizations and often present within multiple systems. Person-centered planning, with the individual driving the plan, will enhance the individual's quality of life with a goal of attaining and maintaining mental health wellness. Local systems best respond to the needs of individuals with significant mental illness by coordinating local system investments and resources with state and federal funds.

The per client cost is limited to \$8,000 per year with an appeals process for additional funding eligibility or use of funds. Before utilizing MSA project funds, the use of all other available local, state, and federal funds must be exhausted with the exception of county Levy funds.

### Project Eligibility Criteria

Individual with significant mental illness with:

1. Two or more psychiatric hospitalizations over the previous 12 months and
2. In need of services from at least one additional system: criminal justice involvement, developmental disabilities, aging (e.g., over 65), homeless, veterans.

### Recovery Supports

Recovery Supports are types of assistance intended to help an individual with mental health needs initiate and sustain recovery. Providers should identify recovery supports on an individual basis based upon clinical judgment and client need. Below is a guideline containing examples of common recovery supports. This list is not comprehensive and is not intended to be restrictive on the use of recovery supports, but rather to provide guidance when identifying appropriate supports for MSA clients.

<b>Housing</b> <ul style="list-style-type: none"> <li>• Rent deposits, short term housing support</li> <li>• Utilities</li> <li>• Furniture</li> </ul>	<b>Employment</b> <ul style="list-style-type: none"> <li>• Job training/Educational services</li> <li>• Interview &amp; job uniform/Attire</li> <li>• GED test</li> <li>• Vocational certifications</li> <li>• License reinstatement fees</li> </ul>
<b>Treatment</b> <ul style="list-style-type: none"> <li>• Medication or medical appointment co-pays</li> <li>• Childcare during treatment or support groups</li> </ul>	
<b>Transportation</b> <ul style="list-style-type: none"> <li>• Bus passes</li> <li>• Gas cards</li> </ul>	<b>Non-Vocational Education</b> <ul style="list-style-type: none"> <li>• Parenting classes</li> <li>• Life skills</li> </ul>
<b>Psychiatric home health needs (e.g., medication monitoring)</b>	<b>Guardianship fees</b>
<b>Identification</b> <ul style="list-style-type: none"> <li>• Driver's License</li> <li>• Social Security Card</li> <li>• Birth Certificate</li> </ul>	<b>Emergency Basic Need Items</b> <ul style="list-style-type: none"> <li>• Food vouchers/Pre-paid store card</li> <li>• Clothing vouchers</li> <li>• Hygiene products &amp; cleaning supplies</li> </ul>

**Please be advised that the expenses listed in this document are general in nature and are not exclusive. Provided are some examples:**

- 1. Recovery Supports – Housing** – This includes housing costs in the client’s name, such as: security/rent deposits, short term housing, and utilities (including past due utility bills). *Unallowable housing costs would include bills that are not in the client’s name.*
- 2. Recovery Supports – Emergency basic needs** –The intent of recovery supports is to remove barriers to treatment and assist in reentry.
- 3. Recovery Supports - Transportation** – This includes transportation to treatment, employment, and recovery support services. *Unallowable expenditures would include: car purchase, car repairs, tires, and car insurance.*
- 4. Recovery Supports – Employment** - This includes assistance with seeking and maintaining employment.
- 5. Recovery Supports – Child Care** - These funds can be used to pay for licensed childcare while the person is attending treatment and self-help groups. *These funds cannot be used to pay for ongoing employment-related childcare needs.*

#### **Reporting Requirements**

Each ADAMH Board that is participating in the MSA Program will submit a mid-year and year-end report that will be due to the Ohio Department of Mental Health and Addiction Services, Bureau of Mental Health Treatment. The report must include the following:

1. Number of individuals served during the reporting period;
2. Types of behavioral health services provided during the reporting period;
3. Types of Recovery Supports provided during the reporting period;
4. Types of housing provided during the reporting period;
5. Amount of funds spent on personnel during the reporting period;
6. Amount of funds spent on treatment services during the reporting period; and
7. Total Amount spent during the reporting period.

#### **Contact Info:**

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